

**GRANT DAY CARE CENTER/ EAST HARLEM BLOCK NURSERY #3  
UNIVERSAL PRE-KINDERGARTEN DAILY SCHEDULE**

**8:30AM – 2:50PM**

**GROUP/CLASS ROOM 5**

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**MORNING**

8:00 – 8:30

**INTAKE**

Fine Motor Skills Activity

8:30 – 9:00

**BREAKFAST**

Bathroom Break

9:00 – 9:20

**MORNING ACTIVITIES, CIRCLE TIME, HELPERS CHOSEN**

**\*\*\*\*\* DISCUSSION \*\*\*\*\***

9:20 – 10:00

**FREE PLAY**

Art/Free Expression

Computer Area with early childhood software

Science area (experimentation & exploration)

Doll Area

Block Area

Table Games

Sand/Woodworking

10:00 - 10:10

**CLEAN-UP TIME**

10:10 – 10:30

**SMALL ACADEMIC GROUP TIME**

Language Arts

Letters/ Writing

Numbers

Partner Games

Flash Cards

10:30 - 10:40

**PREPARATION FOR PHYSICAL ACTIVITIES**

10:40 - 11:40

**OUTDOOR OR INDOOR PLAY**

11:40 – 11:50

**CLEAN-UP TIME**

11:50 – 12:00

Lunch Preparation Time, Helpers

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**AFTERNOON**

12:00 – 12:45	<b>FAMILY STYLE LUNCH</b>
12:45 – 1:00	BATHROOM, COTS OUT
1:00 – 2:15	<b>REST TIME</b>
2:15 – 2:30	WAKE UP TIME <i>Put away cots, sheets, tying laces, bathroom</i>
2:30 – 2:50	<b>SNACK</b>
2:50 – 3:15	<b>STORY TIME, REVIEW NUMBERS AND LETTERS</b>
3:15 – 4:15	<b>GROSS MOTOR SKILLS ACTIVITY</b> <i>Body Movement (dance, yoga)</i>
4:15 – 5:15	<b>AFTERNOON ACTIVITIES</b> <i>Table toys and puzzles</i>
5:15 – 6:00	<b>FREE PLAY - QUIET ACTIVITIES</b> <i>Library Area, Reading books, Coloring, Individual help</i>
	<b>PARENTS PICK UP CHILDREN / INFORMAL PARENT CONFERENCES</b>
	CLEAN-UP TIME