



Educating, Empowering & Community-building since 1965

UNIVERSAL PRE-K TYPICAL DAILY SCHEDULE

8:30AM – 3:00PM

MORNING

8:00 – 8:30	Morning Check-in Fine Motor Skills Activities
8:30 – 9:00	BREAKFAST Bathroom Break
9:00 – 9:20	MORNING ACTIVITIES, CIRCLE TIME, HELPERS CHOSEN
	***** DISCUSSION *****
9:20 – 10:00	FREE PLAY Art/Free Expression Computer Area with early childhood software Science area (experimentation & exploration) Dramatic Play Block Area Table Games Sand/Woodworking
10:00 - 10:10	CLEAN UP TIME
10:10 – 10:30	SMALL ACADEMIC GROUP TIME Language Arts Letters/ Writing Numbers Partner Games Flash Cards
10:30 - 10:40	PREPARATION FOR PHYSICAL ACTIVITIES
10:40 - 11:40	OUTDOOR OR INDOOR PLAY
11:40 – 11:50	CLEAN UP TIME
11:50 – 12:00	Lunch Preparation Time, Helpers

AFTERNOON

12:00 – 12:45	FAMILY STYLE LUNCH
12:45 – 1:00	BATHROOM, COTS OUT
1:00 – 2:15	REST TIME
2:15 – 2:30	WAKE UP TIME <i>Put away cots, sheets, tie laces, bathroom</i>
2:30 – 2:50	SNACK
2:50 – 3:15	STORY TIME, REVIEW NUMBERS AND LETTERS
3:00	<i>UPK Full Day Ends / Parents pick up children</i>
3:15 – 4:15	GROSS MOTOR SKILLS ACTIVITY <i>Body Movement (dance, yoga)</i>
4:15 – 5:15	AFTERNOON ACTIVITIES <i>Table toys, puzzles and computer lab</i>
5:15 – 6:00	FREE PLAY - QUIET ACTIVITIES <i>Library Area, Reading books, Coloring, Individual help</i>
	PARENTS PICK CHILDREN/ INFORMAL PARENT CONFERENCES
	CLEAN UP TIME

In addition to the regular daily schedule, special occasions (birthdays, seasonal and holiday-themed plays) and field trips are always a welcome addition to the day's activities. Whether it's a birthday party or holiday sing-a-long, it's a great opportunity for the children, teachers and parents/caregivers to come together and have fun!